

The Blue Zone



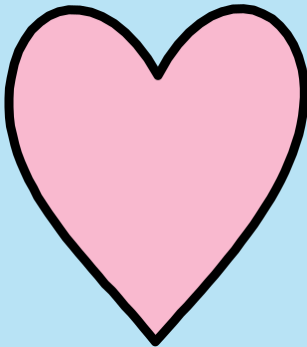
Looks like

A yawn
A frown
Head down
Crying
Sleepy body
Closed eyes



Sounds like

Crying
Being sick
Sighs
"I'm sad"
"I'm upset"
"I'm bored"



Feels like

Slow motion
No energy
Wanting to go to
sleep
Being ill
An empty bucket